

SPECIAL PROGRAMS AND SERVICES



JOURNEY TO RECOVERY PROGRAM

The Journey to Recovery program helps individuals with severe brain injuries reach their fullest potential for independence. Treating brain injury through a specialized program can play an important role in helping patients avoid or reduce some of the long-term medical problems that are associated with traumatic and acquired brain injury and can persist after rehabilitation.

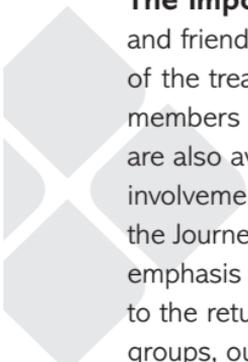
Journey to Recovery is led by board-certified physiatrists. Working as part of a multidisciplinary team, these physicians offer the highly specialized experience and skills needed to treat patients with serious brain injuries. As part of the program, each patient is carefully evaluated to determine what highly individualized treatments, including the most effective medications and therapies, will help on the journey to recovery.

One of the hallmarks of the program is creating a safe and caring environment that minimizes the use of tubes and sedating medications. The focus on helping patients become as independent as possible during rehabilitation can include working on their speech, swallowing, cognitive (thinking) abilities and toileting routines, as well as moving around in bed, using a wheelchair or walking.



ADVANCED TREATMENT, SPECIALIZED PROGRAMS & DEDICATED PEOPLE

JOURNEY TO RECOVERY PROGRAM



The Importance of Families and Friends: Families and friends are encouraged and supported to be part of the treatment program. During this time, the family members of other patients with serious brain injuries are also available as an important resource. Along with involvement during the course of inpatient rehabilitation, the Journey to Recovery program includes a strong emphasis on helping patients and families transition to the return home through access to peer support groups, outpatient services and a full range of community programs.

Working as a team – and making certain that families are involved – the Journey to Recovery program can help people with serious brain injuries have the best life possible.

A Note About Insurance: Not every insurance plan will cover the specialized care available through the Journey to Recovery program. Please talk with a staff member to check with your insurance company in advance in order to get coverage approval.

Information and Referrals

For adult or pediatric admission please call **408.885.2032** or fax **408.885.2001**

To arrange a tour please call **408.885.2032**



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