MEET THE DOCTORS

OF SCVMC REHABILITATION CENTER



Mark M. Nguyen, MD Associate Chief, Inpatient Spinal Cord Injury, General and Orthopedic Rehabilitation Department of Physical Medicine & Rehabilitation, Santa Clara Valley Medical Center

ABOUT DR. NGUYEN

Mark Nguyen, MD, graduated from Drexel University School of Medicine, Philadelphia, PA, and completed residency training in physical medicine and rehabilitation at Boston University Medical Center. Before coming to SCVMC, he was on the staff at Spaulding Hospital (Boston) and was on the faculty in the Department of PM&R at Harvard School of Medicine. In addition, Dr. Nguyen received post doctoral training in acupuncture at the Harvard Medical School in Boston.

Dr. Nguyen is part of a multidisciplinary, inpatient team approach to spinal cord and orthopedic injury rehabilitation that supports exceptional patient outcomes including functional improvement measures that are directly related to the highest possible levels of independence and quality of life.

Along with his work treating individuals with spinal cord injury, Dr. Nguyen supervises Stanford PM&R residents who train at Santa Clara Valley Medical Center.

IN HIS WORDS

THE BRIDGE TO HOME: We use a range of approaches to rehabilitation but they all share one thing in common: they're designed to maximize a patient's ability to move on to the next step with the goal of returning home. Along with effective therapies, we partner with patients and families to prepare them to safely transition home with a realistic picture of what they can expect. It's something we do through open communications and education and it's a responsibility that we take very seriously.

THE ADVANTAGE OF NUMBERS: Because we provide rehabilitation for a high number of individuals with spinal cord and brain injuries, we have an extensive peer support network. I believe there's no substitute for sharing information with people who have had similar experiences and our peer support groups bring those importance resources to our patients.

WORKING AS A TEAM: Our rehabilitation care teams have regular meetings to discuss patient care. Other times we also get together informally in the hallways or wherever we run into each other. None of us claims to know everything, so it's a good opportunity to share information which benefits us and the people in our care.

For more information, to make an adult or pediatric admission to the Rehabilitation Center, or to schedule a tour, please call **408.885.2032** or fax **408.885.2001**.



